



"So teach us to number our days that we may get a heart of wisdom."
Psalms 90:12 ESV

"And the LORD God said, 'It is not good for the man to be alone. I will make a companion who will help him.'"
Genesis 2:18 NLT

Why do we have trouble making friends?

1. We're _____
2. We're _____
3. We're _____
4. We're _____

"I observed ...something meaningless under the sun. This is the case of a man who is all alone...Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble."

Ecclesiastes 4:7-10 NLT

How do I cultivate healthy friendships?

1. Carefully _____.

"Don't envy evil people; don't desire their company. ...For you will go down with them to sudden disaster."

Proverbs 24:1&22 NLT

"If a snake bites before you charm it, what's the use of being a snake charmer?"
Ecclesiastes 10:11 NLT

2. Add _____.

"...David received the news that Saul was on the way to Ziph to search for him and kill him. Jonathan went to find David and encouraged him to stay strong in his faith in God. "Don't be afraid," Jonathan reassured him. "My father will never find you! You are going to be the king of Israel, and I will be next to you, as my father, Saul, is well aware." So the two of them renewed their solemn pact before the Lord. Then Jonathan returned home..."

1 Samuel 23:15-18 NLT

I add value to a good friendship when I...

- _____
"Jonathan went..." v16a

"From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work." Ephesians 4:16 NIV

- Point them _____

"...stay strong in his faith in God" v16b

"Let us think of ways to motivate one another to acts of love and good works. ...especially now that the day of his return is drawing near." Hebrews 10:24-25 NLT

"...Don't be dejected and sad, for the joy of the Lord is your strength!" Nehemiah 8:10 NLT

- _____ them

"Don't be afraid...My father will never find you! You are going to be the king...and I will be next to you..." V17

✓

"...I urge you in the name of our Lord Jesus Christ to join in my struggle by praying to God for me. Do this because of your love for me, given to you by the Holy Spirit." Romans 15:30 NLT

✓

"Love each other with genuine affection, and take delight in honoring each other." Romans 12:10 NLT

✓

"An honest answer is like a kiss on the lips." Proverbs 24:26 NIV

- _____
"...renewed their solemn pact..." v18

"There are "friends" who destroy each other, but a real friend sticks closer than a brother." Proverbs 18:24 NLT

"These people left our churches, but they never really belonged with us; otherwise they would have stayed with us. When they left, it proved that they did not belong with us." 1 John 2:19 NLT

"A friend is always loyal, and a brother is born to help in time of need (Adversity - NIV)." Proverbs 17:17 NLT